

**PARKLAND HEALTH & HOSPITAL SYSTEM  
LEADERSHIP & ORGANIZATIONAL DEVELOPMENT**

**COMPETENCY VALIDATION  
TRACHEOSTOMY SUCTIONING**

Name: \_\_\_\_\_ ID#: \_\_\_\_\_

Unit: \_\_\_\_\_ Date: \_\_\_\_\_

<b>Tracheostomy Suctioning</b>	<b>1<sup>st</sup> Attempt (P or F)</b>	<b>2<sup>nd</sup> Attempt (P or F)</b>	<b>Comments</b>
1. Gathers equipment, washes hands			
2. Explains procedure to patient			
3. Encourages patient to deep breathe			
4. Sets wall suction regulator to 80-120mmHg			
5. Opens suction kit and dons gloves, maintaining sterility of gloves and catheter			
6. Picks up catheter in dominant hand. Maintains sterility of the dominant hand and suction catheter			
7. Picks up suction connecting tubing with non-dominant hand and attaches to the suction catheter.			
8. Detaches O2 delivery device from tracheostomy			
9. Maintains sterile technique, inserts catheter without applying suction until resistance is met or patient coughs vigorously			
10. Withdraws catheter 1 cm. Using non-dominant hand to cover suction port, applies intermittent suction as catheter is removed in rotating motion, limiting duration of pass to 10-15 seconds			
11. Observes patient throughout procedure and discontinues if complications occur			
12. Reattaches patient to oxygen delivery device			
13. Verbalizes flushing of suction tubing with tap water			
14. Discards gloves and catheter			
15. Auscultates breath sounds			
16. Documents procedure in medical record			

**The completion of this form validates the above nurse's competency for this skill.**

#1 Pass / Fail Competency Validator Signature: \_\_\_\_\_

#2 Pass / Fail Competency Validator Signature: \_\_\_\_\_