

About Surgery On Your Cervix (Cryotherapy, LEEP or LASER Surgery)

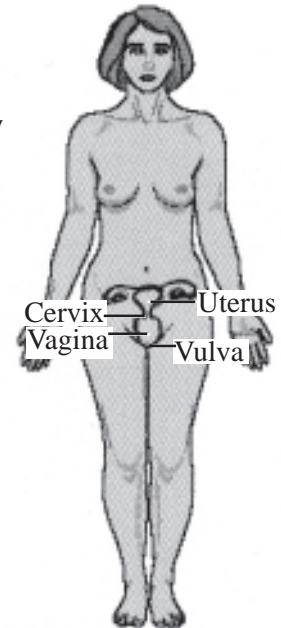


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Today you had surgery on your cervix. Your cervix is the narrow outer end of the uterus which opens into the vagina.

The surgery you had was:

- Cryotherapy, in which part of your cervix was frozen, **(or)**
- LEEP (Loop Electrical Excision Procedure), in which part of your cervix was taken out, **(or)**
- LASER, in which a part of your cervix was burned off by a very strong light.



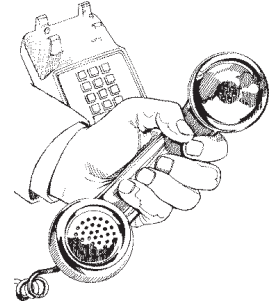
How should I take care of myself after the surgery on my cervix?

1. You may have some mild cramping pain, like menstrual cramps in your belly (abdomen), or you may have a low back ache for 1 - 2 days. This is normal. You can take ibuprofen (Advil or Motrin) or acetaminophen (Tylenol) for the pain. You do not need a prescription to buy these medicines. Take the medicine as it tells you to on the label or ask the pharmacist for help. Do not take any medicines to which you are allergic.
2. For the next 1 - 14 days you may have some vaginal bleeding and may have a dark brown vaginal discharge. If you had Cryotherapy, you may have a very watery discharge which can last for 3 - 4 weeks.
3. **For the next 4 weeks:**
 - Do not have sex.
 - Do not douche.
 - Do not put any medicines or tampons in your vagina. Use sanitary pads and underpants instead of tampons.

(over)

Call the clinic if you have:

- A fever of 100.5° F (38° C) or higher.
- Pain that gets worse after 1 or 2 days, and which is not helped by pain medicine.
- Heavy bleeding for more than 2 - 3 hours.
- Any vaginal bleeding that is heavier than your usual period or goes on for more than 3 weeks.



At your first clinic visit be sure we have your **correct name, address and telephone number**. With this information, we can reach you quickly if we need to. Be sure to let us know if there are changes in any of this information.

It is important to keep all your clinic appointments.
If you cannot keep your appointment or if you have any questions,
call the clinic before your appointment time.
Ask to speak to _____.

Keep your next appointment!