

Moderate & Severe Intraepithelial Neoplasia Of The Vulva (VIN 2 and 3)



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The vulva is the part of your skin from outside the vagina down to the anus. You have had a biopsy of your vulva which shows some changes that are not normal (abnormal) in the skin of your vulva. Vulvar Intraepithelial Neoplasia, also called VIN, is a condition of the vulva that needs special attention from you and your health care providers.

The biopsy showed changes in your vulvar skin which are moderate or severe. This means that they can turn into cancer. This usually does not happen right away. If VIN becomes cancer, it can be very hard to take care of. Also, the cancer can spread to other parts of your body and you could die. Because of this, it is important that we make sure you do not have cancer and that we treat the VIN to keep it from turning into cancer.

What causes VIN?

- Moderate or severe VIN are usually caused by a skin virus called HPV. You can get this virus from a sex partner.
- Scratching vulvar skin a lot can also cause VIN 2 and 3 changes.

What should I do?

- Your health care provider will tell you what treatment is needed. Please ask questions so that you understand what is happening with you.
- Every year get a Pap test of the cervix.
- Wash your vulva with mild, unscented soap once a day. Rinse well.
- Do not use anything that can irritate your vulva, such as:
 - soaps or bath products with perfume in them
 - harsh laundry detergents
 - feminine sprays
 - scented pads
- It helps to wear cotton underpants that are not tight.
- Do not smoke cigarettes. Ask your health care provider if you need help to quit smoking.
- Always practice safe sex by staying away from partners who can give you dangerous infections. Talk to your partner about how important it is not to have sex with other people besides you.
- Use condoms to help keep from getting infections.



Call for an appointment to the clinic right away if:

- you see changes in the skin of your vulva
- you have a burning feeling or itching of your vulva that does not go away by itself in two weeks.



To make or change an appointment, call the Parkland VIN Clinic at 214-590-_____.

Keep your next appointment!