

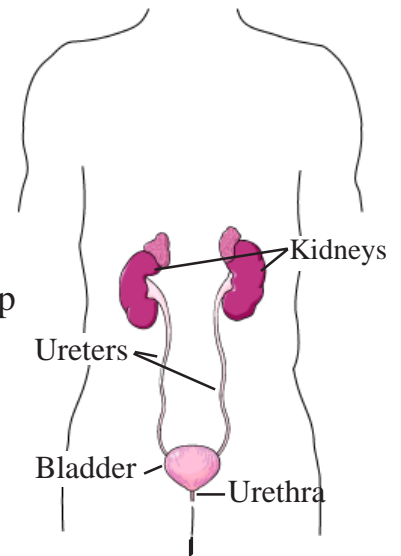
About Your Ureteral Stent



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What is a ureteral stent?

It is a soft tube with coils on each end. The tube has little holes all through the sides so that your urine (pee) can drain through it. The coil at one end of it is put into your kidney. The tube is in your ureter, and the coil at the other end stays in your bladder. The coils help the tube to stay in the right place. When your kidney makes urine (pee), it runs through your ureter to your bladder where it stays until you go to the bathroom and urinate (pee).



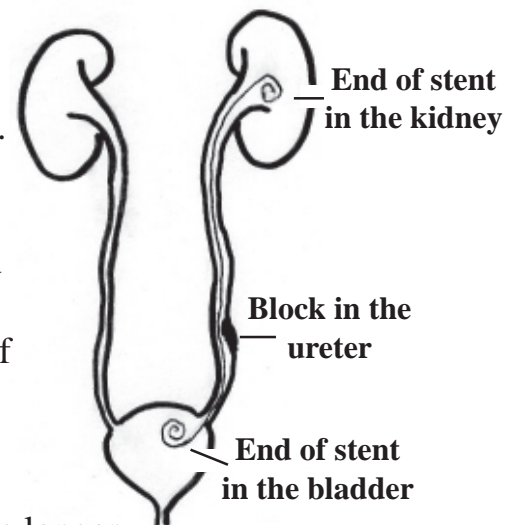
Why do I need a ureteral stent?

You could need a ureteral stent for one of these reasons:

- To make a way around a block in your kidney or ureter.
- To help your ureter stay open while it heals after surgery.
- To help your ureter stay open while a kidney stone is taken out.

How will my ureteral stent be put in?

Your ureteral stent will be put in during your clinic visit. Most times, you will be able to go home the same day. Your doctor will thread the stent up through the urethra and bladder into your ureter and kidney. A wire is used to help thread the stent up to the kidney. This wire will be taken out when the stent is in place. A special kind of X-ray called a fluoroscope is used to be sure the stent is in the right place.



Your stent may need to stay in 1 - 2 weeks, or sometimes longer. Your doctor will have an X-ray done before the stent is taken out. This is to be sure that your ureter is open.

(over)

What will happen after my stent is in?

- You may have some pain while your stent is in. You may be given pain medicine.
- You may also be given other medicines to keep you from having spasms (cramps) or an infection in your bladder.
- You may feel a strong, sudden need to urinate (pee) while the stent is in.
- Your bladder may feel sore when you urinate (pee).
- Your urine (pee) may be a little red, or pink.



What do I need to do after my stent is in?



- Drink lots of liquids.
- Take all your medicines just the way your health care provider told you.



Call your health care provider right away if:

- Your urine (pee) is bright red or has blood clots in it.
- You leak urine (pee) most or all the time.
- You have a fever more than 100.2° Fahrenheit (37.9° Celsius).
- You have chills.
- You have nausea (feel sick to your stomach), or vomit.
- Your pain medicine does not take care of your pain.
- You feel the coil of the stent coming out from the end of your urethra (where you urinate (pee) from).

