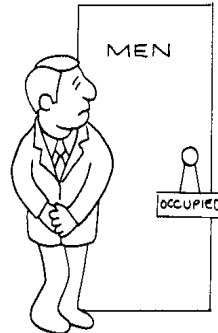


About Your Bladder Infection



IH-I-78
R. D. 12/00
Pg. 1 of 1

You have a Urinary Tract Infection (UTI) or a bladder infection.



What to do:

1. Take your medicine until it is **all gone**, even if you feel better after a few days.
 - **Do not drink alcohol** (beer, wine, hard liquor) while you are taking medicine for your bladder infection.

2. Drinking fluids is very important.

- Drink plenty of fluids, like water, or cranberry juice.
- Do not have drinks that have caffeine in them.
- Also drink **at least 8 big** (8 ounce) glasses of water a day.
- **If you are diabetic** talk to your nurse or doctor about which fluids you should drink.



3. Urinate (pee) as soon as you need to go. Don't wait. Go **at least every 4 hours**. Try to empty your bladder completely when you urinate (pee)

4. Come to the Ambulatory Care Clinic (ACC) if you:

- have a fever of 101° F (38.3° C) or higher for more than 3 days.
- have severe back pain.
- are vomiting.
- have pain or burning when you urinate (pee).

Come to the Emergency Department if you have blood in your urine (pee).

5. Call your doctor or come to the clinic if you still have problems after you have taken all your medicine for the bladder infection.

6. Keep your clinic appointments.