

After Your Arteriogram/Angiogram Home Instructions



IH-III-17
R. D. 1/07
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You have just had a test on the artery in your _____ leg. This test is called an arteriogram or angiogram. To do this test, the doctor made a small cut into your artery.

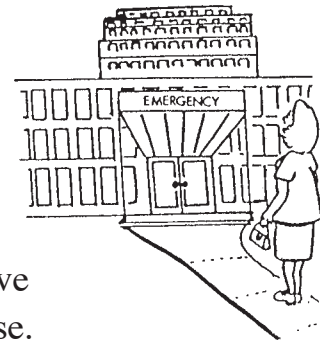
It will take a few days for your artery to heal. To help it heal you must follow these instructions for the next 48 hours:

- Stay in bed the rest of the day.
- **Do not** lift anything heavier than 10 pounds (about a gallon of milk).
- For the next 2 days **do not** walk a lot, run, or drive. After 2 days you may go back to your usual activities.



Go to the Emergency Room right away if:

- You have **fever** of 101° Fahrenheit (38.3° Centigrade).
- The leg on which the cut was made is:
 - **Bleeding.** Press on it till it is checked in the Emergency Room.
 - **Swollen or red.**
 - **Cold** (compare it to your other leg).
 - **Pale or changes color** (compare it to your other leg).
 - Having a lot of **pain** in the lower part.
 - **Weak.**



If you go to the Emergency Room, tell your nurse that you have had an arteriogram. Take this paper with you to show the nurse.

How will I find out the results of my test?



If you are in the hospital, the health care provider who ordered your test will tell you about your test results when they are ready. If you are a clinic patient your health care provider will tell you about your results at your next clinic appointment.

Be sure to keep this important appointment. If you do not have a follow-up clinic appointment, call and schedule one with your health care provider.