

# About Your Bone Scan



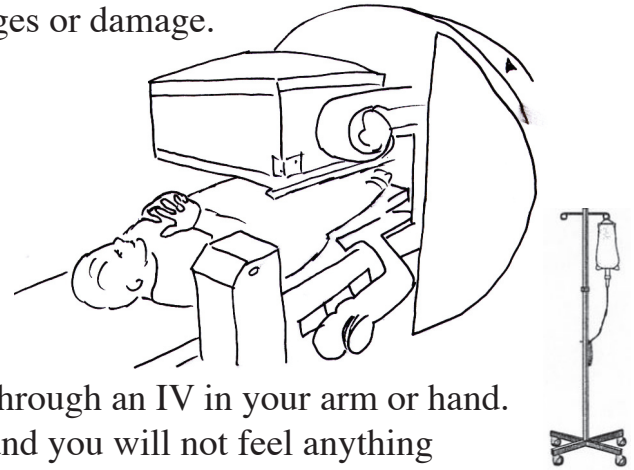
## What is a Bone Scan?

A Bone Scan is a test that checks your bones for changes or damage.

## How do I get ready for this test?

There is no preparation for this test.

- You can eat and drink as usual.
- You can take your medicine as usual.



## How is a Bone Scan done?

- You will get an injection of a radioactive medicine through an IV in your arm or hand. The medicine will be slowly taken into your bones and you will not feel anything different. The medicine lets your bones show up on the scan.

- After the injection, you will need to drink about 3 big glasses of liquid. You can choose to drink water, juice, coffee, tea, soda, milk or whatever you like that is non-alcoholic.



- Your scan will be taken 3 - 4 hours after the injection. This allows time for your bones to take up the medicine.
- Before the scan starts, you need to empty your bladder (go pee). Make sure no drops of urine (pee) get on your skin or clothes. These drops may make the scan hard to read.
- The scan takes about 1 hour. You will be lying down while the camera takes scans of your bones from head to toe.



## What happens after the Scan?

- The scans of your bones will be checked. Sometimes more pictures may be needed. These may be done in the Nuclear Medicine Department or in the X-ray Department.

## How will I find out the results of my test?



If you are in the hospital, the health care provider who ordered your test will tell you about your test results when they are ready. If you are a clinic patient your health care provider will tell you about your results at your next clinic appointment.

Be sure to keep this important appointment. If you do not have a follow-up clinic appointment, call and schedule one with your health care provider.