

About Non-Looping Event Monitoring



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Pg. 1 of 2

Cardiovascular Services

What is an Event Monitor?

An Event Monitor is an electronic device that will allow you to record a tracing of your heart action (EKG) when you have a symptom such as:

- feeling faint
- dizziness
- palpitations
- chest pain

The monitor is loaned to you for one month.



What will happen?

A specially trained technician will show you how to use the monitor. They will give you specific instructions at that time. You will need to:

- Use the monitor each time you have one of the symptoms listed above. Put the back of the Micro ER Event Recorder on the skin of your chest as you have been shown. Press firmly, and make sure all 4 electrodes are touching your skin.
- Press the record button for 2 seconds.
- After you push the record button you will hear a beep. The monitor will beep for 30 seconds. After it stops beeping call **1-800-233-0456** at once. **You can call this number anytime, day or night.**
- Tell the operator your name and the symptoms you are having.
- The operator will tell you when to send the EKG. Put the mouthpiece of the phone over the pin hole and press the send button on the back of the monitor. It will beep for 30 seconds. When it stops, pick up the phone and talk to the operator.
- When you are through talking to the operator, your monitor is ready for the next time you need it.



(over)

Using your monitor

Push the record button when you have any of the symptoms listed above.

Remember, **every time** you record, you must send in your EKG. The monitor only holds 1 EKG at a time.

Caring for your monitor

- You should treat your monitor like a portable radio. Do **not drop** it and **do not get it wet**.
- When you are going about your daily business, you can carry the monitor in your purse or pocket.
- **If you have any problems with your monitor, call Parkland Hospital (214) 590-8395.**

When do I return the monitor

Your monitor is due back exactly four weeks after it was loaned to you. We must have it back. Return it to the Cardiovascular waiting room. Ask to see the technician and give them the monitor.

Where do I get the results?

You will be given the results at your next clinic appointment. The technician will make sure that you have a follow-up appointment or give you the telephone number to call to make an appointment.