

# Abdominal Warnings

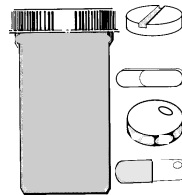
Emergency Services Department



IH-IV-131  
R.D. 11/00  
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## What to do:

1. Stay home and rest for 24 hours or longer if your doctor tells you.
2. Drink only clear liquids such as: apple juice, broth, or clear soda for the first 24 hours.
3. Ask your doctor before you take any medicines you have at home.
4. Take the medicines your doctor gives you.
5. Keep your clinic appointment.



## Watch for these danger signs:

- Vomiting begins or gets worse.
- You vomit blood or find blood in your stool.
- You have red or black tar-like stools.
- Pain in your right lower abdomen (stomach).
- The pain is not better in 24 hours.
- The pain gets worse.
- Your abdomen (stomach) gets swollen.
- You feel dizzy or faint.
- You have trouble breathing.
- A temperature over 101° F (38.3° C).



**Come to the ACC (Ambulatory Care Clinic) or  
Emergency Room if you have any of these danger signs.**