

# After Having A Tooth Pulled



IH-IV-30  
R.D. 4/07  
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## What to expect:

1. **Bleeding:** You will have some bleeding after your teeth are pulled. Bite on the gauze to stop the bleeding. Use new gauze as you need to.
  - If your bleeding does not stop after 4 hours, call (214) 590-5606
2. **Pain:** Take your pain medicine as your doctor or nurse tells you.
3. **Swelling:** You may have swelling. If you do, use ice packs for 24 hours. After 24 hours, use warm packs.



## What to do:

- Eat soft food the first 24 hours after surgery.
- Drink plenty of water and juice after surgery.
- β Rinse your mouth with salt water 2 or 3 days after surgery.

- **Do not** rinse your mouth the day of surgery.
- **Do not** spit.
- **Do not** drink through a straw for 48 hours.
- **Do not** smoke for 24 to 48 hours after surgery.
- **Do not** drink alcohol while taking your pain medicine.
- **Do not** drink soda or carbonated (bubbly) drinks for 48 hours.

**Call the Nurse Line at (214) 266-8777 for any questions or concerns.**