

# Home Care After Your EGD (Esophagogastroduodenoscopy), EUS (Endoscopic Ultrasound), or ERCP (Endoscopic Retrograde Cholangiopancreatogram)



IH-IV-53  
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You have just had an EGD, EUS or ERCP. **You must have someone drive you home, or be able to ride the bus.** This is how you should take care of yourself at home:

- You may be drowsy for the next 24 hours. During this time:
  - **Do not** drive.
  - **Do not** sign any important or legal papers.
  - Do not make any important personal, legal or business decisions.
  - Do not drive or use any equipment or tools, such as a lawnmower or power tools.
  - Move slowly and carefully.

- **Drink plenty of liquids today.** You may eat:



- \_\_\_\_\_ Your normal diet.
- \_\_\_\_\_ A high fiber diet (raw fruits and vegetables).
- \_\_\_\_\_ Liquids only for \_\_\_\_\_ hours.

- For the next 24 hours you may:
  - Have pain in your abdomen (belly) from the air put in during the test.
  - Feel a bit bloated.
  - Be sleepy or forgetful.
  - Have numbness (no feeling) at the back of your throat.
  - Have a sore throat.



(over)

**If you have any of these problems, go to the Emergency Room right away:**

- Vomiting
- Trouble breathing.
- The pain in your abdomen (belly) gets worse.
- Coughing.
- A temperature more than 100° Fahrenheit (37.8° Centigrade).
- Pain in your chest.
- Very bad pain when you swallow.



**If your doctor took a biopsy or other samples during your test:**

You will be called about the results of your biopsy, usually in 2 - 3 weeks, **or** else you will be scheduled for a follow-up appointment.



### **Questions?**

**If you had your test at the G.I. Lab in the main Parkland building, call them at 214-590-8839.**

**If you had your test in the Ambulatory Surgery Center, call them at 214-590-1900.**