

Your medication

Haldol (Haloperidol)
Prolixin (Fluphenazine)



IH-V-105
R.D. 3/03
Pg. 1 of 2

Why do I need this medicine?

This medicine helps people to control their own thinking, concentrate better, sleep better, and feel calmer. It also help with problems like hearing voices and seeing things. Neither of these medicines is addicting.

How do I take this medicine?

- Take this medicine as many times a day as your doctor tells you. Do not stop taking it even if you start to feel better.
- Prolixin D is a shot that lasts nearly two weeks. It will start working in about two days. It is especially helpful for people who don't like to take pills.
- Haldol D is like Prolixin D but lasts up to a month. You may have to get a shot once or twice a month instead of worrying about taking pills every day.

What common side effects may I have?

- These medicines may make you feel dizzy, sleepy, stiff, or restless. **Do not drink alcohol** when you are taking these medicines, because the dizziness and sleepiness might get worse.
- **Caution:** Talk with your doctor before driving or doing jobs or activities where you need to be alert.
- You may have muscle spasms. These are frightening, but not dangerous. Most often the neck and tongue are affected. There are medicines that will help stop muscle spasms. If you have severe muscle spasms, go to the Emergency Room

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What special things do I need to know?

1. Tell your doctor if you are **allergic to any medicine**.
2. This medicine will make you sunburn much more easily than usual. Stay out of the sun as much as possible. Use sunblock and wear long sleeves and a hat if you are going to be outside.
3. Heat exhaustion may occur more easily than usual. Be **very** careful not to get overheated.
4. Keep all medicines out of the reach of children. Even a small amount of this medicine may make a child very sick or cause death. Keep all your medicines in a safe place where children cannot get them.
5. **Do not** share your medicine with anyone.
6. If you are pregnant, planning to become pregnant, or are breast-feeding, tell your doctor before you take this medicine. **This medicine may have harmful effects on unborn babies**. If you are not using birth control, be sure and tell your doctor.
7. Make sure to **keep your appointments** for doctor visits and blood tests.
8. All medicines can cause side effects. Usually these side effects will get better after a few days. If you do have a problem you should tell your doctor. The doctor can make some changes in the medicine. **Do not** stop taking it unless your doctor tells you to do so. Side effects **do not** mean that you are allergic to the medicine.