

Your medication

Bupirone Hydrochloride (Buspar)



IH-V-131
R.D. 3/03
Pg. 1 of 2

Why do I need this medicine?

Buspirone is used to help treat anxiety.

How do I take this medicine?

- Take this medicine just like the doctor told you to. Take buspirone at the same time each day.
- If you do miss a dose take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular schedule. **Do not take two doses at the same time.**
- It takes 1 to 2 weeks before you may see a difference in the way you feel.
- If you have problems falling asleep at night take your last dose of buspirone at 5:00 p.m.
- Take this medicine with food or milk. This might keep you from getting an upset stomach.

What common side effects may I have?

- Feeling sleepy
- Feeling dizzy
- Nervousness
- Headache
- Nausea

What special things do I need to know?

- This medicine may cause you to become dizzy or sleepy. See how you feel after taking the first dose. If you are sleepy or dizzy stand up slowly after you have been sitting or lying down. If you are dizzy or sleepy, **do not** drive or do other jobs where you need to be alert.
- **Do not** stop taking this medicine without talking to your doctor. It may take 1 to 2 weeks for some people to feel better.
- Do not take any other medicine without talking to your doctor. This includes the medicine you can buy at a store without a prescription.

(over)

- Tell your doctor if you take any other prescription or non-prescription medicines, specially:
 - MAO inhibitors (phenelzine, Nardil)
 - isocarboxazid (Marplan)
 - tranylcypromine (Parnate)
 - pain relievers or sleeping pills
 - antidepressants
- **Do not** drink alcohol while taking this medicine. Beer, wine, or hard liquor may make you more dizzy or sleepy.
- You may have a dry mouth when you take this medicine. Hard sugarless candy or chewing gum may help to make this better. Good care of your teeth and gums (brushing and flossing) will also help make your mouth feel better.
- **Do not** share this medicine with anyone.
- Keep all medicine out of the reach of children. Even a small amount of this medicine may make a child very sick or cause death. Keep all your medicines in a safe place where children cannot get them.
- If you are pregnant, planning to become pregnant, or breast-feeding, tell your doctor **before** you take this medicine. **This medicine may have harmful effects on unborn babies.** If you are not using birth control, be sure and tell your doctor.
- Make sure to **keep your appointments** for doctor visits and blood tests.
- Tell your doctor if you are **allergic to any medicine.**
- All medicines can cause side effects. Usually, these side effects will get better after a few days. If they do not, you should tell your doctor. The doctor can make some changes in the medicine. **Do not** stop taking the medicine unless the doctor tells you to. Side effects **do not** mean that you are allergic to the medicine.

Call your doctor if you have:

- A sore throat
- Fever
- Seizures
- Blurred vision
- Nausea (feeling sick to your stomach) or vomiting
- A very bad headache
- A fast heart beat
- Problems urinating (peeing)