

Your Medicine

Omalizumab (Xolair)

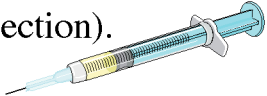
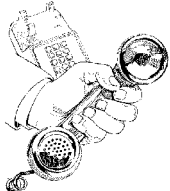


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Why do I need this medicine?

This medicine may help keep you from having as many asthma attacks.

How do I take this medicine?

- Xolair is given as a shot (injection) just under your skin (subcutaneous injection). You will need to get this medicine every 2 to 4 weeks. You may need 1, 2 or 3 shots each time, depending on the dose your doctor wants you to take. If you need more than 1 shot, each one will be given in a different place on your body. 
- If you cannot come for your appointment, call the pharmacist at **214-590-1262**, **before** the time of your appointment. You will be given an appointment for the next week. If you miss 2 or more appointments without calling to cancel, you will not be able to get the Xolair shots any longer. 
- Come to your clinic visit on time. If you are more than 30 minutes late, you will not get the shot. If you did not call ahead, the visit will count as a missed one.
- Each visit to the clinic to get the shot will take a long time. The medicine will not be mixed until you are at the clinic. You must stay for at least 30 minutes after your shot so we can watch you for any side-effects. You must not leave the clinic before the discharge nurse says it is safe for you to go.
- You may not feel a difference in your asthma right away. This does not mean that the Xolair is not working.
- If you stop taking the Xolair shots, your asthma symptoms could come back.
- Xolair is not a rescue medicine. You should not use it to treat a sudden asthma attack. You still need to take all your other asthma medicines. Do not stop or change the dose of any of your usual asthma medicines unless your health care professional tells you to.
- If you do not follow all the rules listed here, you will not be able to get the shots. **(over)**

What common side effects may I have?

At the place where the shot is given, you may have:

- Bruising
- Warmth
- Stinging
- Redness
- Burning



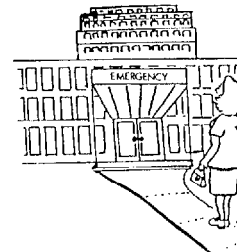
Other side-effects you may have:

- Pain (in your joints, legs or arms)
- Tiredness
- Dizziness
- Skin rash
- Itching
- Ear ache

If you notice these or any other side effects, tell your health care professional.

Go to the Emergency Room right away if you have:

- Trouble breathing (because of swelling of your tongue and throat).
- Very bad itching or rash.



What special things do I need to know?

1. If you have a change in finances that could cause a change in your Parkland payment plan (Parkland health Plus, Medicare, Medicaid), you must bring the right papers to the business office to bring your account up-to-date. If you are getting Medicaid, you must update your papers as often as Medicaid says you need to.
2. Tell your doctor if you are **allergic to any medicine**.
3. Be sure to **keep your appointments** for doctor visits and blood tests.
4. If you are pregnant, planning to become pregnant, or breast-feeding, tell your doctor **before** you take this medicine. **This medicine may have harmful effects on unborn babies**. If you are not using birth control, be sure and tell your doctor.
5. All medicines can cause side effects. Usually, these side effects will get better after a few days. If they do not, you should tell your doctor. The doctor can make some changes in the medicine. **Do not** stop taking the medicine unless the doctor tells you to. Side effects **do not** mean that you are allergic to the medicine.