

Emergency Birth Control Pills

Ethinyl Estradiol and Levonorgestrel

(Ogestrel)



Why do I need this medicine?

Ogestrel works to lessen the risk of getting pregnant after having vaginal sex during which birth control was not used.

How do I take this medicine?

- **This medicine must be taken less than 72 hours after having vaginal sex during which you did not use birth control.**
- Many women have nausea (feeling sick to the stomach) when they take this medicine. **To help keep you from having nausea**, you may take a yellow and white pill called Meclizine about 30 minutes before you take the Ogestrel. Meclizine may cause you to feel sleepy. Do not drive or drink alcohol (liquor, wine or beer) while you are taking Meclizine.
- Swallow 2 Ogestrel pills (white, round pills) as soon as you can today. Check the time.
- After 12 hours, swallow 2 more Ogestrel pills.
- Never take any extra Ogestrel pills.

What common side effects may I have?

- Nausea (feeling sick to your stomach)
- Vomiting

If you notice any other side effects, tell your doctor.

What special things do I need to know?

1. It may be a few days after you take the Ogestrel before your period starts. Till then, use some type of birth control, such as a condom, spermicide or a diaphragm **every time** you have sex.
2. If your period has not started in 4 weeks after you have taken the Ogestrel, call _____ for an appointment to see your health care provider. When you call for the appointment, **be sure to say that you have not had a period since you had Emergency Birth Control Treatment.**
3. Be sure all your doctors and dentist know that you are taking this medicine.
4. Talk to your doctor, or pharmacist **before** you take any medicine you can buy without a prescription.
5. Tell your doctor if you are **allergic to any medicine.**
6. Be sure to **keep your appointments** for doctor visits and blood tests.
7. This medicine may make you feel dizzy or sleepy. See how you feel after taking the first dose. If you are dizzy, stand up slowly after you have been sitting or lying down. If you are dizzy or sleepy, do not drive or do other jobs where you need to be alert.
8. Tell your doctor about all the other prescription medicines, non-prescription (over-the-counter) medicines, vitamins, supplements, and herbs you may be taking.
9. **Do not** share this medicine with anyone. Do not let anyone else take your medicine.
10. Keep all medicine out of the reach of children. Even a small amount of this medicine may make a child very sick or cause death. Keep all your medicines in a safe place where children cannot get them.
11. All medicines can cause side effects. Usually, these side effects will get better after a few days. If they do not, you should tell your doctor. The doctor can make some changes in the medicine. **Do not** stop taking the medicine unless the doctor tells you to. Side effects **do not** mean that you are allergic to the medicine.