

Your medication . . .



IH-V-9
R.D. 6/01
Pg. 1 of 2

Ferrous Fumarate (Iron)

Why do I need this medicine?

This medicine has iron in it. You might need this medicine to prevent or treat an iron shortage in your body.

How do I take this medicine?

- Try to take this medicine between meals with a full glass of water. If you get an upset stomach, you can take it when you eat.
- Do not take antacids (Maalox, Mylanta, Basagel, Amphogel, Gaviscon, Rolaids, Tums, etc.) at the same time you take ferrous fumarate.

What common side effects may I have?

1. This medicine might make you have

- an upset stomach
- constipation
- diarrhea (many loose bowel movements)

These side effects are not serious. But, if they last for more than 2 days, call your doctor.

2. Your urine may turn brown and your bowel movements may turn dark. This is normal and there is no need to worry.

(over)

What special things do I need to know?

1. Call your doctor if you:
 - have bad stomach pain or cramping
 - have blood in your bowel movements
 - vomit
 - have bad diarrhea
2. Tell your doctor and dentist that you are using this medicine **before** you have any treatments
3. Talk to your doctor or pharmacist **before** you take any medicine you can buy without a prescription.
4. Tell your doctor if you are **allergic to any medicine**.
5. Be sure to **keep your appointments** for doctor visits and blood tests.
6. **Do not drink alcohol** while you are taking this medicine unless your doctor has said it is allowed.
7. **Do not** share this medicine with anyone.
8. Keep all medicine out of the reach of children. Even a small amount of this medicine may make a child very sick or cause death. Keep all your medicines in a safe place where children cannot get them.
9. All medicines can cause side effects. Usually, these side effects will get better after a few days. If they do not, you should tell your doctor. The doctor can make some changes in the medicine. **Do not** stop taking the medicine unless the doctor tells you to. Side effects **do not** mean that you are allergic to the medicine.