

HRDirections

Benefits. A vital part of your employment experience at Parkland.

Welcome to our team

Parkland is a very diverse family of caregivers that provides staff and clinical support to our Dallas County patients, families, friends and the community at large. We blend cultures, talents and experience into an exemplary health and hospital system. Parkland has earned distinction as one of America's Best Hospitals by *U.S. News & World Report* every year since 1994. As you start your career at Parkland and take your life in a new and exciting direction, we think you will agree.

To help you identify information from the Benefits Department in the future, look for **HRDirections** communications. We believe that benefits are a vital part of your employment experience at Parkland. To learn more about our benefits, take a closer look at this packet. The *2010 Parkland Benefits-At-A-Glance* chart on page 1 provides a quick overview of Parkland's benefit programs. The *2010 Parkland Benefit Resources* list serves as a handy reference when you have a question about one of your benefits.

More details about our exemplary benefit programs are available on our Intranet site at <http://intranet.pmh.org>. From the Intranet site and MyParkland, you may locate benefit information or website links for:

- Medical benefits (Aetna)
- Dental benefits (Delta Dental)
- Vision benefits (Superior Vision)
- Supplemental life and AD&D insurance (Minnesota Life)
- Long term care insurance (CNA)
- Flexible spending accounts (PayFlex)
- Retirement (Milliman)

As you become a part of the Parkland family, we are very pleased that you decided to pursue *a career at Parkland ... your work, your choice, your employment experience!*



Dr. Ron Anderson
President and Chief
Executive Officer

To enroll for your House Staff benefits:

- Go to **MyParkland** on our PeopleSoft Self-Service System to enroll in your **health and welfare benefits** (medical, dental, vision, supplemental life and AD&D insurance, and the flexible spending accounts). See pages 4 and 5 of this brochure for information on how to access and use MyParkland.
- Contact Milliman to enroll in the Supplemental Retirement Plan at **MillimanBenefits.com** or by phone at 1.800.995.2608. See pages 25 through 28 in the highlights brochure for details on your **retirement benefits**. The brochure titled *How To Save And Invest For The Future* offers tips on to access the website and hotline, and information to help you make saving and investing decisions.



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